

# GOLDEN CIRCLE - FRIÐHEIMAR - SECRET LAGOON

**DATES: 26 & 30 JUNE**

**Departure time & from:** 10:00 - from University of Iceland, car park Sæmundargata

**Duration:** approx. 9 hours

**Min:** 20 pax

**Price:** 26.000

**Included:** Bus, guidance, entrance to the Secret Lagoon and lunch at Friðheimar.

**Bring with you:** Warm clothes, sturdy shoes, swimsuit and towel!

Your first stop is **Pingvellir**, National Park where the Icelandic Parliament was founded over 1000 years ago. At Pingvellir you will see how the earth is ever so slowly pulling apart along the North-America and Eurasian tectonic plates and you will be able to stand where the Viking settlers stood centuries ago to edict national laws.

Next stop will be at **Friðheimar** greenhouse. Friðheimar will welcome you with a small introduction of their work and little surprise that will lift your spirit. Followed by a delicious lunch (tomato soup w/chicken stick, home baked bread, green tomato and apple pie).

At Friðheimar you gain some insight into the processes of greenhouse horticulture, as it is quite remarkable that it is possible to grow vegetables in the cold climate, by creating warm Mediterranean conditions, all year round.

After lunch you will have a nice bath at the Secret Lagoon, authentic lagoon just by Flúðir village. The Secret Lagoon consists of natural hot springs which have been kept natural and unique so guests can get the true Icelandic feeling. The natural surroundings of the pool and the steam rising into the air gives the place a magical feeling. The warm water holds 38–40 degrees Celsius (100–104 Fahrenheit) all year. In the area there are several geothermal spots and a little geyser which erupts every five minutes, showing off for the guests relaxing in the hot spring.

Next we visit **Geysir** geothermal area in Haukadalur where you can see geysers, hot springs, steam vents and eerie blue algae. Strokkur is one of the largest and most powerful geysers and erupts almost every five minutes. The final stop will be at **Gullfoss** waterfall, which many consider to be the queen of Icelandic waterfalls as it is both high and mighty and stumbles dramatically in a deep gorge.

After the visit to Gullfoss waterfall, you will be heading back to Reykjavík, arrival time around 18:30.



# REYKJANES TOUR

**DATES: 26 & 30 JUNE**

**Departure time & from:** 13:00 - from University of Iceland, car park Sæmundargata

**Duration:** approx. 6 hours

**Min:** 20 pax

**Price:** 15.000

**Included:** Bus, guidance and lunch box

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First stop will be at **Garðskagi Lighthouse**, located at the tip of the Reykjanes peninsula. There are two lighthouses standing side by side, one tall (built 1944) and one short (built 1897).

Next, you will visit the **“Bridge between continents”**. The lava-scarred Reykjanes peninsula lies on one of the world’s major plate boundaries, the Mid Atlantic Ridge.

Next, you head to the boiling mud pools, **Gunnhver**, named after a female ghost. She had caused great disturbance until a priest set a trap for her and she fell into the spring. This happened about 400 years ago.

Nearby is **Reykjanes Lighthouse** and **Valahnúkur mountain** which is composed of tuff layers, pillow lava and breccia. The mountain was Formed in single eruption.

**Brimketill** is your next stop. Brimketill is a small, naturally carved pool by marine erosion.

You will make a stop at the **Blue Lagoon** for some photo opportunities.

Your final stop will be **Seltún, Krýsuvík**, The colorful Geothermal area.

On this tour you will see the newly formed lava from the volcanic eruption in **Geldingardalur** and who knows maybe you see live eruption.

**Bring with you:** Warm clothes & sturdy shoes!



# AKRANES & HVAMMSVÍK HOT SPRINGS

**DATES: 26 & 30 JUNE**

**Departure time & from:** 13:00 - from University of Iceland, car park Sæmundargata

**Duration:** approx. 6 1/2 hours

**Min:** 16 pax

**Price:** 26.000

**Included:** Bus, guidance, entrance to Hvammsvík hot springs, soup & bread

**Bring with you:** Warm clothes, sturdy shoes, swim suit and towel!

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**Akranes** is a small, seaside town only 40 minutes away from Reykjavik capital. It has wonderful sand beaches and accessible walking trails alongside the ocean. You will be taking a stroll along the longest beach called **Langisandur**. Your guides are local musicians, singer Vala and her husband Doddy on guitar. They will tell you stories related to the ocean and Akranes town, Icelandic culture, history and traditions. They know many wonderful, old songs from Iceland, and you will listen to a few along the way. The walk goes by the harbour and ends at **Akranes lighthouse**, which has drawn attention from all over the world for its great acoustics and scenery. There you will hear more music and have some Icelandic pastry and coffee.

From Akranes you go to **Hvammsvík Hot Springs**, where you experience eight natural hot springs of various sizes and temperatures in spectacular unfiltered nature right on the edge of the ocean.

An exploration of Hvammsvík Hot Springs will leave you both relaxed and invigorated. You can enjoy all of the eight natural hot springs, the steam bath, the outdoor & indoor facilities & jump into the ocean. Water levels of some of the natural pools fluctuate with the tides and the temperatures of those pools vary greatly between high and low tide.

After a soak in the Hot Springs you will have a delicious seafood soup at Stormur bistro with the best selection from the ocean (vegan option available). Please advise if you prefer the vegan soup!

From Hvammsvík you head back to Reykjavík, on the way you will enjoy the beautiful landscape of **Hvalfjörður**.



# ICELAND'S HIDDEN WORLD - CAVES OF HELLA

**DATES: 26 & 30 JUNE**

**Departure time & from:** 13:00 - from University of Iceland, car park Sæmundargata

**Duration:** approx. 5 hours

**Min:** 20 pax

**Price:** 19.000

**Included:** Bus, guidance on bus and in the caves and refreshments.

**Bring with you:** Warm clothes, sturdy shoes, swim suit and towel!

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Twelve man-made caves have been discovered on the land of Ægissíða by Hella on the South coast of Iceland. Four of them have been open to the public (guided tours only). The historical site is Iceland's oldest still standing archaeological remains. Some believe the caves to date even further back than the settlement of the Nordic Vikings.

The wonders of the Caves of Hella include ancient crosses, wall carvings and carved seats.

Mystery surrounds the caves and for centuries people have wondered:

- Are the caves the handiwork of the Celts?
- Were the caves a place of ancient worship?

Caves of Hella offer a great opportunity to explore these historic caves in Iceland. Join to discover the secrets they hold and experience the magical Underworld of the South.

You will be guided by your own private guide around the four mysterious man-made historic caves.. You will explore the many wonders the caves hold and learn about their history and saga's.... perhaps you will also hear some ghost stories.

While exploring the caves,

